



## A Message From the President & CEO

What Does Excellence Look Like?

Excellence is often times hard to describe. It is, however, one of those things that you know it when you see it.

Reviewing the past several months of activity at BHP including:

- Individuals coming to grips with their mental illness and/or addiction and celebrating their recovery.
- Leaders like John W. Kozak giving their time and talent to make our community a better place.
- Staff members like Jennifer Turnes leading statewide organizations so that BHP has a voice at the table in order to advocate on behalf of those we serve who do not have a voice.
- Community members attending an event to raise money so that BHP can provide life-saving services.
- Staff members like Tim Gano volunteering their time to help other local organizations like United Way.
- BHP being selected to participate in the national Trauma-Informed Behavioral Healthcare Learning Community.

All of these achievements are highlighted in this edition of Perspective. As I read over the initial draft of this edition, my first reaction was: "This is what Excellence looks like!"

– Patrick Evans, President and Chief Executive Officer

## The Power of Change 2nd Annual Fundraiser

*The journey to recovery is different for every client who walks through BHP's doors.*

This was the theme of the 2nd Annual Power of Change fundraising dinner, "Celebrating Life Change: Voices of Recovery" May 7 at Heritage Hall in Newark. The event featured stories from four BHP clients and the first John W. Kozak Distinguished Service Award.

Over a hundred individuals attended the event. The money raised is used to fund vital programs throughout the organization.

Laura Russell, a BHP board member and chairperson of the Development and Marketing Committee, summarized the ideas behind this year's event.

"The main goals focus on educating those attending the dinner about BHP," she said. "Moreover, we want for donors to understand what their money is serving. To address these goals, we wanted our featured speakers to demonstrate how they have benefitted from the services provided by BHP."

Current client Terrie Schultz, a recovering alcoholic who also experiences mental

health issues, found BHP after leaving Columbus and moving to Newark. She felt trapped in an emotionally abusive and exploitive relationship.

**"... my health was failing inside and out," she said. "I thought I was going to die."**

"I was pretty fresh of the alcohol and drugs and had a guy that was treating me like crap, stealing from me, eating all the food, and my health was failing inside and out," she said. "I thought I was going to die."



With guidance from her case worker at BHP and her support



Top: BHP Case Worker Courtney Bishop with speaker Terrie Schultz. Above: guests mingle at the 2nd Annual Power of Change Dinner.

group at Alcoholics Anonymous, Schultz found the strength to end her abusive relationship and continue working to improve her life. She referenced tools of self-development

that BHP staff members shared with her: "I used therapy services, met all the friendly women at the front desk, met with [a doctor]. She and the drug store inside BHP are very important parts of my life," she said. "There have been other case workers and staff who have helped me. I appreciate them all."

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**Schultz credited BHP's programs for enabling her to begin developing healthy relationships and to quit smoking.**

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Schultz's current case worker, Courtney Bishop, attended the dinner and sat with her to provide moral support.

At the end of her speech, Schultz credited BHP's programs for enabling her to begin developing healthy relationships and to quit smoking. She proudly displayed a promise ring that her boyfriend of 10 months had recently given her.

Three male clients of BHP shared their stories of recovery in "Celebrating Life Change: Voices of Recovery," a 12-minute video shown during the event.



BHP's Tim Clark joins board member Laura Russell and videographer Dave Stone.

Russell, an assistant professor of communication at Denison University, conducted interviews with Tim Clark, David Gallant and James Wood and the information was edited into three overlapping narratives by Dave Stone, owner of iDream Media Productions.



David Gallant, Terrie Schultz, and Tim Clark

The narratives followed three themes: Life before BHP; Life at BHP; and, for Clark and Gallant, Life after BHP.

"These themes guided our approach to the structure of the video—we liked how they demonstrated how clients interpreted changes in their lives over time," she said.

Stone found himself moved by the participants' stories.

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**"None of these men had any intentions of going down the paths which they eventually took while being led by their addictions."**

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"I was amazed by the stories that these gentlemen communicated, it was very powerful. I was moved by their testimonies. It was interesting to hear how many common themes the individuals' stories shared," he said. "None of these men had any intentions of going down the paths, which they eventually took while being led by their addictions. Each of them ended up doing things that they never would have done, under normal circumstances. I think that this process has helped open my eyes to parts of the world of addiction."

All of the men featured in the video spoke about how they became addicts—prescription medication misuse that turned to heroin use and selling illegal drugs for quick money—before finding themselves at Spencer House, a residential treatment center in Newark

for men going through addiction treatment. Each spoke about his struggle to move away from dependency on drugs to address emotional problems and face issues in his life.

"The day I arrived here was my birthday, and I really believe that was the best birthday gift that I have ever received was to come here and to start to learn how to manage my life, how to manage my feelings and emotions, deal with some of the loss and pain that was in my life," David Gallant said of coming to Spencer House in 2013.

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Gallant found his experience with BHP so life-changing that he transitioned from a career as a teacher to working as a supervisor at The Main Place, a consumer-operated recovery center in Newark, and Mount Vernon.

Another video participant, Tim Clark, said BHP staff gave him the tools and helped him develop the skills to develop a support system and continue his life.

"The people who come here don't know how to live," he said. "I think that's what BHP is about—teaching people how to live."

Clark now works at Spencer House. He attributes his success to his relationship with God and his own higher power.

During the filming of "Voices of Recovery," Wood was still a client at Spencer House.

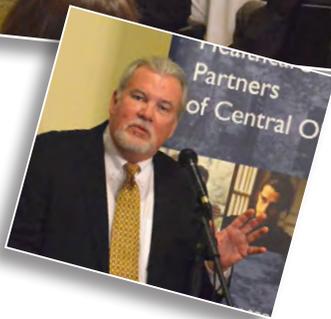
Russell said being able to show the clients' stories brought her closer to BHP's mission and increased her devotion to serving on the board.

"I loved working with the clients and including them in the production and dinner," she said. "This not only personalized the messages we created

for BHP but also enhanced my commitments as a board member. That is, working closely with clients and staff of the organization helped me connect with BHP on a more intimate level. It made my service matter even more."

The evening concluded by honoring former BHP board member John W. Kozak for his five years of service and his long-standing commitment to the Licking County community. Read more about the Kozak award in the accompanying article.

### More pics from the Dinner



Top: BHP President and CEO Patrick Evans addresses the crowd; center, the audience watches the interview documentary; bottom, Pastor David Pennington, a BHP board member, speaks at the dinner.

## John W. Kozak Distinguished Service Award



John W. Kozak

John W. Kozak has a legacy of volunteerism and commitment to the Licking County community.

To honor that, BHP named its service award

for him and honored him as the first recipient. The John W. Kozak Distinguished Service Award was presented at BHP's 2nd Annual Power of Change fundraising dinner May 7 to recognize Kozak's service as a board member from 2008-2013.

Current BHP board member Andy Fackler helped select his friend Kozak for the award because of the former banking executive's service to the community. Kozak retired from Park National Bank as Park National Corporation's chief financial officer in 2013 after a 33-year career.



Lindsay Englefield, daughter of John W. Kozak, accepts the service award named for him from Laura Russell.

"He is very passionate about the success of our community and the people in it," Fackler said. "John's involvement with BHP was instrumental in transforming the agency into the leading comprehensive provider of behavioral healthcare services in our community."

Kozak was on the board of directors for Moundbuilders Guidance Center when the organization merged with Kraner Behavioral Health in 2010 to

create Behavioral Healthcare Partners of Central Ohio, Inc. The combining of the two agencies into a single nonprofit helped increase efficiency and the ability to better serve the community and save lives, Fackler said.

"John provided a very unique perspective on critical issues. His perspective and guidance assisted in the development of long-term solutions to benefit BHP," Fackler said. "John was a visionary and presented a forward-looking approach and his work will continue to benefit BHP for years to come."

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In addition to his involvement with BHP, Kozak served on the board for Camp O'Bannon and was a long-time member of the Kiwanis Club of Newark.

Kozak was unable to attend the dinner. His daughter Lindsay Englefield accepted it on his behalf. She said her father was touched by the recognition and would proudly display the award in his home.

The BHP board will continue to acknowledge community leaders with the distinguished service award. Fackler is confident in finding many recipients within the Behavioral Healthcare Partners community:

"BHP has a tremendous amount of talented and caring associates," he said. "This award is a very nice way to recognize this talent and celebrate the distinguished achievements in the area of behavioral health. I look forward to meeting future award recipients."

## BHP COO hosts corrections conference



Jennifer Turnes, Senior Vice President and Chief Operations Officer for BHP, hosted and emceed the Ohio Community Corrections Association's yearly gathering in April.

OCCA's 14th Annual conference "Re-integration: Conquering Recidivism" focused on reducing prison sentences statewide. It

drew a crowd of 304 non-presenter attendees on April 23-24 in Columbus.

To serve the wide interests of professionals from across the state, Turnes' event offered 19 workshops, seven exhibition tables, two keynote addresses and a policy roundtable.

The conference brought together a total of 354 professionals interested in learning more about reforms to the prison system.

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**Turnes' leadership role with the association relates to the ongoing work BHP does with law enforcement to ensure clients receive the treatment they need.**

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Turnes has been involved with OCCA for more than six years, first as treasurer in 2010 and then became president-elect in January 2014. In this capacity, she presented the President's Award to State Rep. Robert Sprague, R-Findlay.

Sprague, a second-term representative, received the award for his service as president of the Prescription Drug Addiction and Healthcare Reform Committee.

Turnes' leadership role with the association relates to the ongoing work BHP does with law enforcement to ensure clients receive the treatment they need.

We applaud Turnes for her ongoing dedication to the Ohio Community Corrections Association and wish her great success as she continues in her role as its president!

## BHP receives Live United Award

The United Way of Licking County honored BHP with a Live United Award for medium business at its annual meeting and recognition breakfast April 16.

BHP received the kudo for its close working relationship with the United Way.

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**"The services and programs BHP provides through our funding are top notch," Fedor said. "None of this could be done without BHP."**

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Jo Fedor, fundraising and event coordinator for the United Way of Licking County, explained that BHP has aided the organization by helping to secure agency sponsors, having a staff member serve on the Marketing Committee and assisting with volunteer activities.

These are all part of the Live United Award criteria that focus on active participation and volunteer activities, joining the annual campaign and advocating the mission and vision of the United Way.

BHP has met those standards and been a recipient of funding from the United Way for years.

"The services and programs BHP provides through our funding are top notch," Fedor said. "None of this could be done without BHP."

Fedor also praised Tim Gano, who previously served as vice president of development and public relations, for his dedication to the United Way mission.

"He was an outstanding partner for us," Fedor said. "Tim really was an active player with us."

Gano, now working as the Altmaier House Supervisor for BHP, was unable to attend the recognition breakfast and accept the award. Jennifer Turnes, Senior Vice President and Chief Operating Officer, represented BHP at the ceremony.

Fedor said she's sad to see Gano move into another position with Behavioral Healthcare Partners but knows he will continue to serve the community and advocate for the United Way in his new role:

"He has just been one heck of a guy. I know that he will continue to make a difference in people's lives."



Tim Gano with the Live United Award

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# Perspective

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News and Views from BHP • Summer 2015

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United Way of Knox County  
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*Our Mission: To improve and save lives by serving the healthcare needs of those who experience mental illness and/or addiction-related conditions. Our Vision: To be the most trusted, highly effective and accessible provider of behavioral healthcare services in the region with a unique ability to provide a continuum of integrated, cost-effective services addressing a broad spectrum of needs.*

By participating in the learning community, BHP will make an investment in the psychological and professional well-being of its staff, improve client relations and alleviate misunderstandings of trauma-related issues in mental health and addiction treatments.

"Those organizations who adopt trauma-informed practices by acknowledging the trauma staff has experienced, the secondary and vicarious traumatization and then addressing the issues staff are faced with find staff to be more receptive to stay," Sharp said. "Clients begin to see organizational changes in the environment and in relationships as well as improved customer service. Clients feel heard and also appreciated,"

The learning community is designed to reduce compassion fatigue and staff turnover rates by addressing the struggles staff members face in working with clients experiencing trauma, and strengthening professional relationships and showing appreciation.

"The thought is to present the Trauma-Informed Behavioral Healthcare informed Learning Community as a way to help clients, but first it will be good for the staff," Jennifer Turnes, Senior Vice President and Chief Operating Officer for BHP, said. "It's really about making sure that we're taking care of our staff."

BHP will focus on two domains of the seven offered by the learning community: creating a safe and secure environment and developing a responsive workforce.

BHP is one of 22 community organizations focused on mental health and addiction-related services to be named a Trauma-Informed Behavioral Healthcare Learning Community by the National Council for Behavioral Health. BHP earned a placement in the competitive year-long program because of its comprehensive interest in creating a safe space for both clients and staff.

"BHP showed commitment to this work and had full leadership support. Ohio as a state has been pushing hard to bring trauma-informed care into their systems and BHP has shown that they want to lead the way through their participation," Cheryl S. Sharp, senior advisor for Trauma-Informed Services for the council, said.

## BHP selected as a Trauma-Informed Behavioral Healthcare Learning Community