

Perspective



Winter 2013 • News and Views from BHP

P. O. Box 4670 • Newark, Ohio 43058-4670 • 740.522.8477
Toll free 1.877.593.6330 • www.bhcpartners.org

HEADQUARTERED AT THE SHERYL L. KRANER, ESQ.,
YOUTH AND FAMILY BEHAVIORAL HEALTH CAMPUS

A Message From the President & CEO



Patrick C. Evans, President & CEO

I hope that you have had a great start to 2013. A new year brings the hope of fresh beginnings for our clients, staff and organization. BHP's outlook is bright and positive as we set goals and look forward to improving ourselves to better serve the community.

We had a very successful 2012 in providing services to thousands of individuals throughout Knox and Licking Counties.

Much thanks to all who contributed to our annual Friends of Recovery Campaign. These generous donations assist us in providing vital life-saving services for the community. If you

Continued on page 2...

Work/Life Solutions

Win-Win Program Helps Employees and Employers

While some people are able to adequately meet the demands of day-to-day living, occasionally many of us feel overwhelmed and unable to cope. Work/Life Solutions, a division of BHP, provides employee assistance services (EAS) to companies and organizations throughout central Ohio. Work/Life Solutions provides confidential assessment and counseling for employees dealing with mental health issues such as depression or anxiety, stress, family or marital problems, grief, anger management, substance abuse issues, and other addictions such as gambling and eating disorders.



Work/Life's charming and private Cottage Offices



For employers, providing this type of help to staff members helps keep employees healthy, improves morale, and ultimately productivity, with positive outcomes on the work scene. For employees, this is often a welcome – or even lifechanging – service that they might otherwise not be able to participate in. Pam Wohlert, EAS Coordinator for Work/Life and a 16-year counseling veteran, said, "Work/Life Solutions is unique in that, unlike most employee assistance services – who act as a middle man and refer out for services – we have our own in-house licensed therapists. And, when

Continued on page 3...

"See, Mommy, I told You Santa Would Find Us!"

Granville Church Provides Gifts to Children of Residents

In what has become an annual giving tradition, members of Granville's Centenary United Methodist Church, led by Christine Westbrook, generously provided Christmas gifts for the children of clients who are in residence at Spencer and Courage Houses. These children might have otherwise received very little – or nothing at all – at Christmas because of the financial situation of their parents. Said Christine, "Preparations for this mission begin a year before the event. This year,



Continued on page 2...

Message cont'd from page 1

have not contributed yet it is not too late, please contact Tim Gano at 740-345-7632 or timgano@bhcpartners.org

Best regards,

Patrick C. Evans
President & CEO



Visit the website

Have you checked out our website? Go visit www.bhcpartners.org.

This comprehensive site includes services, features staff members and locations, provides online giving, volunteer opportunities and more.

Holiday Thank You Luncheon Enjoyed by BHP Staff

Two holiday luncheons –one in Knox County and one in Licking County– provided an opportunity to thank BHP staff for the great work they do. It was a wonderful holiday break for the staff to also socialize with each other. BHP provided the entree, beverage and table service, while staff members brought in covered dishes and dessert. A wonderful holiday treat for our dedicated staff!



“See, Mommy...” cont'd from page 1

our women's group, the Sunflowers, created a beautiful and festive display using a restored fireplace mantle at our church in October. This display was used as a focal point for the mission, with church members and friends selecting children to sponsor.” While the donors do not know the identity of the child or family, they do know the age, gender, and size of each child. Each family that receives gifts for their children then pens a thank you note to send back to the church, helping to share the moments of Christmas. “Each year, we hear the delight expressed by the donors when they receive the thank you notes,” said Christine. “One year I was told that a child looked up at the mother and said, ‘See, Mommy, I told you Santa would find us.’”



Thank You Notes from the Parents:

“I appreciate the fact that you chose an older boy to buy gifts for. I know it made him happy that he got presents. He just couldn't believe that people he didn't know got him something. Thank you!”

“Thank you so much for the Christmas gifts for my son and daughter. It really meant the world to me that you made sure my kids had a Christmas. You have saved me from the heartache of not being able to give my children the gifts I wanted to. I just can't thank you enough. You are amazing people!”

“Thank you for the gifts you got for my baby. This is my first child. I am excited about being a dad, but also scared at the same time. I thank you with all my heart for seeing that my baby had something for Christmas. Someday I will return the favor for someone else in need.”



Volunteer Christine Westbrook helps organize the gifts for children.

WorkLife Solutions, cont'd from page 1

necessary, we also have access within BHP to a multitude of other services such as psychiatrists, case managers, advanced practical nurses, plus crisis and intervention services."

Work/Life Solutions is a LOCAL EAS, providing a direct connection between employee and counselor; not some 800 number to a referral company. Employees of Work/Life clients are fast-tracked and usually have an appointment scheduled within 48 hours. Clients may meet at the charming and discreet cottage location of Work/Life or appointments can be made at another location.

Work/Life Solutions is a LOCAL EAS, providing a direct connection between employee and counselor; not some 800 number to a referral company.



Pam recently discussed the impact she and Work/Life were able to provide to a particularly troubled client. "Some time ago, I had a client who at his first appointment stated, 'I need to get help or suicide is an option.' I quickly prepared his assessment and assured him we would provide help right away. Within 48 hours, he had an appointment with Dr. Judyth H. Box, the Medical Director at BHP. We were able to get help to him quickly, providing counseling, appropriate medication, and anger management services. Today, he is a different person!," stated Pam.

For most clients, the services provide help for less traumatic issues. Some comments from clients include: "This will help me get back to work and provide for my family"; and "I feel like I'm starting to get the help that I need." In addition, HR Departments are hearing comments from their employees, such as "this is the best thing ever!"

For Pam, these results are more than satisfying. "It is tremendously meaningful to me to be able to help people," she said.

In addition, Work/Life provides training on subjects such as: Workplace Violence, Stress Management, Team Building, Health and Wellness, Financial Management, Mental Health Education, Suicide Prevention, etc. Another important component of Work/Life is the Drug Free Safety Program. This includes policy writing, implementation, and the required yearly employee and supervisor trainings. Work/Life also has a DOT-SAP on staff, a fully qualified and trained Substance Abuse Professional (SAP) under the U.S. Department of Transportation (DOT) regulations.

For more information, visit www.work-life-solutions.com

BOARD OF DIRECTORS

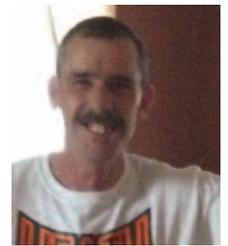
Profile: Brian Reed



Attorney Brian Reed, with Reese, Pyle, Drake & Meyer, P.L.L., joined the Board in March of 2011. Brian was born and raised in Newark and currently lives in St. Louisville with his wife, Shani. As an attorney, Brian's practice focuses on general civil litigation, family law, juvenile law, and collections. Brian also serves as a guardian ad litem in both domestic relations and juvenile court, working with parents and children who are dealing with difficult issues such as alcohol and substance abuse. Brian enjoys spending his free time with his wife, skiing, fishing, camping and hunting.

Paying it Forward: Volunteer Earl Bartley

Volunteer Earl Bartley is able to connect with our residents in a way that really resonates with them. Said Earl, "My journey to this point in my life has been one of struggle with alcohol and drugs causing many problems for me. There are a lot of people in my life that have always looked at the good in me that I couldn't see, because of the choices I was making. I got in some legal troubles along the way, but no matter what, people didn't give up on me, especially my family."



"I will always be grateful for the people that work at Spencer House, because –believe me– without their help, I would never have changed my life around."

In 2010, Earl entered Spencer House and made a personal commitment to get clean and stay clean. During his time at the house, he noticed the "guys who came in as volunteers, and took us to meetings, and spent time just listening to us. I thought that I needed to do the same one day." In 2011, Earl was released from Spencer House, went back to work and his family, and then shortly after, approached BHP to ask about volunteering. "I have access to a limousine through my job, and now I take the guys to one meeting a week in the limousine. The guys really look forward to me picking them up and it gives me a chance to interact with them the way that guys did for me while I was there. If something I say or do helps just one of them, I feel that I am doing something good. I will always be grateful for the people that work at Spencer House, because –believe me– without their help, I would never have changed my life around."

Thank you to FRIENDS OF RECOVERY (as of January 2, 2013)

\$5.00-\$100.00

Patricia Adkins
 Cynthia Atha (Clermont Natural Gas)
 Anne Aubourg
 Lee Balsler
 Mary Ann Barnett
 Geoffrey Bauman, DMD, MS
 Mr. and Mrs. Robert Becktell
 Mr. and Mrs. David Bell
 Richard Berry
 Sharon Bishop
 Nick and Stephanie Blanchard
 Brian and Trisha Boehmer
 Lawrence Brough
 John and Dorothy Brown
 Craig and Karen Cairns
 Diane Caton
 Floyd Claprood
 Kelly Clemings
 Edward Cobb
 Juanita Conner
 Phil and Kandi Cook
 John and Ruth Cooper
 Jerry and Connie Cotterman
 Stephen Dimon
 Barbara Doan
 Cheryl Eckhardt
 Mary Ellinger
 Donald Eshelman
 Charles and Marjean Evans
 David and Sandy Evans
 Barb Feightner
 Phil and Kathy Fickes
 Kay Finkel
 Doug Freeman
 Bonnie Gano
 Terry and Marcia Gano
 Betty Gay
 Mr. and Mrs. Frank Gibson
 Mike Grayson
 Herb Gregg
 Joan Grube
 Marc Guthrie
 Carol Hoekstra

Cheryl Hohl
 Cherisse Hopper
 Diana Hufford
 Molly Ingold
 Larry and Debbie Jones
 Harold Kelch
 Joe and Irene Kennedy
 Bob and Linda Klingensmith
 Marti Kolb
 Oluf and Betty Kongshaug
 Bernice Kuhn
 Mr. and Mrs. Douglas Kullman
 Crystal LaPibus-Mann
 Denise Lemley
 Herb and Billie Lott
 Bill and Sue Leedale
 Bob and Amy Mader
 Farisa Mc Gowan
 Ralph and Shelia McGrath
 Glenn and Diane McGrogg
 Tim and Sandy Mercer
 Mike Milewsky
 Terry Mooney
 Martha Morrison
 Mona Myers
 Kelsey Nabors
 Christina Neely
 Jo Nelson
 Thomas Norpell
 Ohio Health Consortium, Inc.
 Steve Oster
 Bob and Judy Pflaumer
 Dave and Dawn Pollay
 Jack and Yvonne Pursell
 Barbara Ransopher
 Fred and Ann Rose
 Martha Rowland
 Dr. F. Lee St. John
 Dick Schmitz
 Donald Slobodien
 Charlie and Diane Smith
 Jim and Becky Snyder
 Rochelle Steinberg

Tim and Debbie Stevens
 Dick Stiner
 Russ and Beth Suskind
 Max Sutton
 Mary Thurlow-Collen
 Joe Tomaszewski
 Ronald and Mary Lou Van Atta
 Phyllis Van Dyke
 Marjorie Vogelmeier
 Zane and Carol Wachtel
 Leslie Waugh
 Charlie Wells
 Emily Webb
 Fred and Barb Wessinger
 Ben Whitehead
 Martha Wohlert
 Gary and Beth Yaeke
 Carol Yost
 Dorothy Zenger

\$101.00-\$500.00

Tim Clark
 Dan and Diane DeLawder
 David and Laura Edelblute
 Patrick Evans
 Mr. and Mrs. Victor Feldmiller
 Bruce and Tammy Fleishman
 Jeffrey Forman
 Patrick and Lynn Agapi-Gilligan
 Jane Krueger
 Mark Lamancusa
 Grace Luikart
 Connie McMurrin
 Mark and Denise Ramser
 Michael Romei
 Emily Rutherford

\$501.00-\$1,000.00

Tim Gano
 Cassie Weaver

\$1,001.00 and over

Beverly Myers - Tailgate Ministry

33 Staff Members Receive Above and Beyond Awards for 2012

Caring, dedicated employees make all the difference to our organization, our clients, and the community as a whole. BHP recognizes those staff members who "go the extra mile," with the "Above and Beyond Award."

Aubrey Angus
 Mike Milewsky
 Tim Clark
 Charles Billings
 Donald Gibson
 Kim Wright
 Jessica Coffman
 BJ Lange
 Ashley Shaw

Linda Williams
 Shannon Johnston
 Pam Wohlert
 Michael Bachman (2)
 Pam Hissong
 Petrea Fouts
 Rachel Dudte
 Amanda Kruse

Les Burton
 Dr. Jay
 Kim Sandbrink
 Laura Smith
 Lisa Wagner
 Jim Pfister
 Dr. Box
 Nancy Thomsen

Linda Camelo
 Joe Tomaszewski
 Sara McCoy
 Tracy Abram
 Ben Revell
 Dave Ebert
 Natessia Summerfield
 Deb Carpenter

Awardees received an award mug, a certificate, and a box of chocolates.



The Stories Say it All...

The perspective from
BHP clients

“Before coming to BHP I was involved in a lot of criminal activity.

I was selling drugs, using drugs, and not being able to feel anything but anger.

“Now that I have been receiving services for two months I am making new friends who I genuinely care about. I am happy, sad, motivated, excited and nervous. I have feelings I have not had for years. The best part is I can deal with these feelings now and enjoy being able to experience feelings once again.”

“When I came to BHP I had been in jail for 90 days. Since beginning services I have gained knowledge about my addiction and my criminal thinking. I've learned that my addiction was uncontrollable even though I had been clean for five months. Receiving services at BHP, getting to know the NA / AA community has helped me to see that I can live an active and sober life after drugs.”

*“I have feelings
I have not had
for years.”*

*“Receiving services
at BHP.. has
helped me to see
that I can live an
active and sober
life after drugs.”*

Mental Health Professional of the Year Awarded to BHP's Linda Camello



Linda Camello received the Mental Health Professional of the Year Award from Mental Health America of Licking County at their Annual Meeting on November 8, 2012.

Linda, a Licensed Independent Social Worker with BHP, was nominated for the work she does as a Crisis Intervention Specialist. She was recognized for working with individuals in emergency mental health situations in their homes, in her office or at Licking Memorial Hospital.

Linda was also recognized for being an active participant with the Suicide Prevention Coalition and for volunteering to remake the suicide prevention quilt for the coalition. BHP is very proud of Linda!

Staff Profile: Donald Gibson

Network Administrator Donald Gibson has been with the IT Department at BHP for a year. Donald recently spoke about his job: “I run into new challenges on a daily basis, and I really enjoy that. In the IT field, you will always come across something you've never seen before. I love doing the research to figure out what causes the problem along with finding the solution.”



Donald's hobbies include reading science fiction and IT-related material, playing with his dog (a ten year old Beagle/German shepherd mix), and trying to “irritate my wife.”

Donald also has “three wonderful older sisters who have always been there for me,” despite living in different parts of the country. His favorite sport is English football and his favorite football club is Chelsea FC. GO BLUES!

Donald said, “I truly enjoy my job and this career, because I love showing people what they can do with technology.”

Perspective

www.bhcpartners.org



News and Views from BHP
WINTER 2013

Behavioral Healthcare Partners
of Central Ohio, Inc.
P.O. Box 4670
Newark OH 43058-4670

HEADQUARTERED AT THE SHERYL L. KRANER, ESQ.,
YOUTH AND FAMILY BEHAVIORIAL HEALTH CAMPUS

NON-PROFIT
U.S. POSTAGE
PAID
Permit No 4
NEWARK OH
43055

Our Mission: To improve and save lives by serving the healthcare needs of those who experience mental illness and/or addiction-related conditions. **Our Vision:** To be the most trusted, highly effective and accessible provider of behavioral healthcare services in the region with a unique ability to provide a continuum of integrated, cost-effective services addressing a broad spectrum of needs.

BHP has six residential facilities that provide treatment services. Many of the individuals we provide services to have little—if any—money, and there are always items they need. Our current list:

- Bed Pillows
- Men's and Women's razors
- Shampoo
- Dryer sheets
- Deodorant
- Towels
- Toothpaste/ tooth brushes
- Single bed sheets
- Pots and pans
- Plastic food storage containers

Drop off your donations any weekday during daylight hours to Spencer House, 69 Granville Street, in Newark.

The
Wish
List

